

The Process of Implementing an Effective Intervention

Preparing

Implementing

Sustaining

Engaging the community and assessing their mental health needs

Identifying factors that influence implementation

Deciding what support is needed to implement the new practice

Using clinical progress to guide treatment

Marketing programs and services

Using data to improve service delivery

Evaluating program outcomes

Sustaining service delivery

The process of implementing an effective intervention goes from understanding the mental health needs in a community and gaps in care, through selecting the intervention, preparing to provide the new service, starting the new service, and moving into a future where the service is sustained with high quality.

The eight core topic areas listed above are key guideposts in this process and ones about which we can provide assistance and support.