

CMHIS Year One Highlights

2024-2025

About Our Center

The [Center for Mental Health Implementation Support \(CMHIS\)](#) and our five bi-regional Hubs **help systems and organizations navigate the complex process of sustainably implementing effective mental health practices**. We offer implementation support - free, tailored consultation/coaching, technical assistance, and resources focused on how to prepare for, implement, and sustain mental health practices and programs. We serve organizations that oversee or directly provide mental health services, including grantees funded by SAMHSA's Center for Mental Health Services.

This summary provides an overview of our accomplishments over the past year, highlighting key activities, initiatives, and outcomes across CMHIS.

At-A-Glance



45
Events



76,400
Website Views

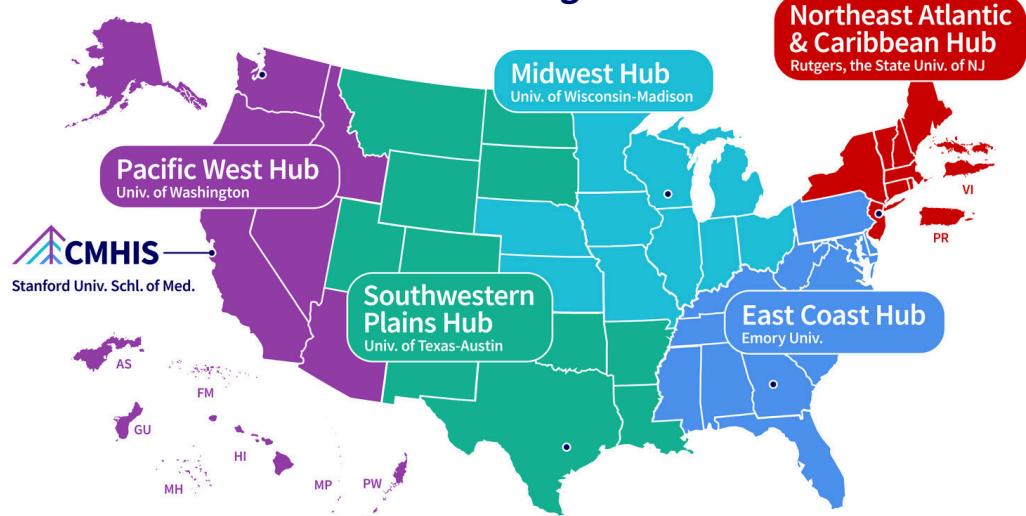


1,167
Attendees



47
Resources

CMHIS and Bi-Regional Hubs



Understanding the Needs of Implementers

Consultative Monitoring Board (CMB): To remain informed on the needs of implementers across the mental health field, we established a CMB of 18 individuals representing national, state, and local partners and mental health organizations. We convene quarterly to develop strategic priorities and forecast service delivery needs, identify gaps between research and practice, and review plans for developing and providing high-impact implementation support.

2025 National Needs Assessment: We conducted a two-part national needs assessment to understand the needs of our audiences related to the selection, implementation, and sustainment of mental health practices. Part 1 included 17 [discussion groups](#) with 107 people from 36 states and territories and 75 unique organizations. Part 2 included a [national needs assessment survey](#). The findings highlight priorities for implementation support activities, perceptions of strength and areas for improvement across [CMHIS's 8 Core Topics](#), what implementers value in implementation support activities, and potential collaborations with other SAMHSA-funded TA Centers. The information gathered is invaluable in helping shape our implementation support and resources moving forward.

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CMHIS's 8 Core Topics: The Process of Implementing an Effective Program or Practice

Preparing	Implementing	Sustaining
Engaging the community and assessing their mental health needs	Identifying factors that influence implementation	Deciding what support is needed to implement the new practice

Our core topic workgroups are comprised of CMHIS staff, regional partners, and our Technical Expert Panel of experienced, influential leaders in implementation science and mental health services. Through them, we identified and developed resources to assist our audiences in preparing, implementing, and sustaining effective prevention, treatment, and recovery programs. [Social Marketing in Communities](#) and [National Repository of Patient-Reported Outcome Measures \(PROMs\)](#) are just some of the resources in our [resource library](#). Learn more about our core topics and access infographics for each core topic [here](#).

Snapshot of Implementation Support Provided in Year 1

Implementing Effective Mental Health Services in Challenging Times: In this six-session national learning community, [CMHIS](#) worked with mental health leaders to apply strategies for implementing effective mental health practices and programs. Participants developed plans for practice change, including enhancing communications, engaging and collaborating with partners, and sustaining services.

NIATx Change Leader Academy: In this four-week intensive implementation support program offered by the [Midwest Hub](#), participants learned to apply NIATx quality improvement principles, lead change teams, and improve processes. Participants shared they made improvements in process flow, communication, strategic thinking, and community engagement.

Community Behavioral Health Care Consultation: Through a multi-session consultation, the [Northeast Atlantic & Caribbean Hub](#) assisted a community mental health organization to design and implement community engagement and needs assessment strategies to inform services that will be provided in a new space serving a low-income, underinsured population.

Project Management Principles for Mental Health Practice

Implementation: In this three-part learning series led by the [East Coast Hub](#), state-level mental health program managers were equipped with practical project management tools to strengthen service delivery, improve team coordination, and reduce overwhelm. Participants gained foundational skills for launching new initiatives and sustaining existing programs.

Fidelity in Peer Support Programming: In this interactive learning series, the [Southwestern Plains Hub](#) used guided discussions, scenario analysis, and collaborative planning to help participants explore the unique role of peer support, examine internal dynamics, and develop approaches to maintain the integrity and effectiveness of peer support services.

Making It Stick: Tools to Support the 'How' of Practice

Change: In this session at the Washington Behavioral Healthcare Conference, the [Pacific West Hub](#) provided an overview of the process of implementation and participants discussed barriers and facilitators to implementing a new mental health practice or program.



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