

Midwest Hub

Year One Highlights

2024-2025

About Our Hub

- The Midwest Hub is located at the University of Wisconsin-Madison within the Center for Health Enhancement Systems Studies (CHESS). We serve HHS Regions 5 and 7, which include Illinois, Indiana, Iowa, Kansas, Michigan, Minnesota, Missouri, Nebraska, Ohio, and Wisconsin. We are committed to supporting our bi-region in implementing effective programs and practices.
- This annual summary provides an overview of our accomplishments over the past year, highlighting key activities, initiatives, and outcomes across our program. It serves as a reflection of our collective efforts and progress, but also as a tool for communicating our impact to stakeholders, partners, and the broader community.

Midwest Hub
Univ. of Wisconsin-Madison



At-A-Glance



21 Events

Including 12 learning events, 3 consultations, and 6 conferences attended (4 learning events were collaborative).



193 Attendees

See below for a breakdown of attendees' job roles and employment settings.

- The Midwest Hub Advisory Board consists of mental health provider organizations from all 10 states in our bi-region along with four individual members who bring extensive expertise in technical assistance and/or implementation science. The board convenes virtually twice a year to provide feedback on ongoing and upcoming projects, and to help guide the strategic direction of our work.

Attendee Job Roles

- Social Worker (31%)
- Other (20%)
- Counselor/Therapist (17%)
- Public or Business Administrator (11%)
- Addictions Professional (4%)
- Community Health Worker/Educator/Health Educator (3%)
- Case Manager/Care Coordinator (3%)

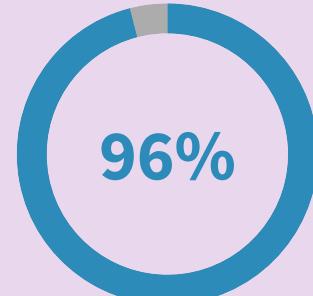
Employment Setting

- Mental health clinic or treatment program (community mental health program; 18%)
- State/county/jurisdictions/territorial/tribal government (17%)
- Community-based organization (including faith-based organizations; 12%)
- Elementary or secondary education setting (9%)
- Higher education setting (6%)

Attendee Satisfaction

Very satisfied or satisfied with the overall quality of our events

96%



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Implementation Support Snapshot

- **NIATx Change Leader Academy** is a four- week, expert-led, intensive technical assistance program that was offered twice this past year. Participants learned to apply NIATx principles, lead change teams, and improve processes. Feedback was highly positive: 83% found the strategies implementable, 75% felt supported in applying them, and 100% planned to use what they learned. At the 60-day follow-up, respondents reported actively using the strategies and intended to continue.
 - Participants noted improvements in communication, strategic thinking, process flow, and community engagement. NIATx was integrated into grant sustainability planning, and CQI components were included in efforts to reintroduce universal screening.
- **Growing Sustainable Behavioral Health Programs** was a four-part learning series, with three sessions offered in Year 1, designed to cultivate long-term success in service delivery. Each session featured a spotlight on a key sustainability resource from the CMHIS website to help programs take root and thrive. Participants also engaged in a brief consultation or “watering session” to address any questions.
 - Participants appreciated the review of resources, such as the EPIS Framework, and plan to use it for strategic planning, to improve sustainability monitoring, and to build momentum for sustainability efforts. They also valued the inclusion of real-life examples and requested additional materials.

Voices From the Field

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“It was so helpful to hear from others and apply the model to real world examples... overall, incredibly helpful and I will use these principles quite often in my work on a SAMHSA grant & beyond.”

”

“The conversation and validation that what is being implemented is 'sustainable' within our current assigned environment.”



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