Clinical High Risk for Psychosis Learning Community 2026 Evaluation Summary

CMHIS, in partnership with the Psychosis-Risk and Early Psychosis Program Network (PEPPNET), held a learning community (LC) for clinical high-risk programs (CHRp) across the United States, with a focus on **supporting youth ages 12-16 and their families**, a group that often faces delays in linkage to CHRp services. The learning community explored **implementation barriers and facilitators**, and shared opportunities and lessons learned in addressing them.

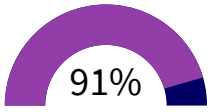
Learning community components

- Five monthly 90-minute sessions on CHRp program implementation: building effective community **outreach and engagement**, **financial sustainability**, designing early intervention services for **co-occurring autism** and CHRp, working with **schools**, and CHRp **workforce development**
- **Peer sharing and connection**, structured break out sessions to dig into implementation practices
- Office hours to address questions that arise during program implementation

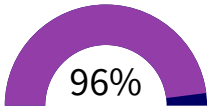
Participants

- CHRp programs brought teams from administrative leads to clinicians to peer support specialists
- **65 participants from 18 CHRp programs** engaged in the LC (23 [35%] completed an evaluation)

OVERALL SATISFACTION



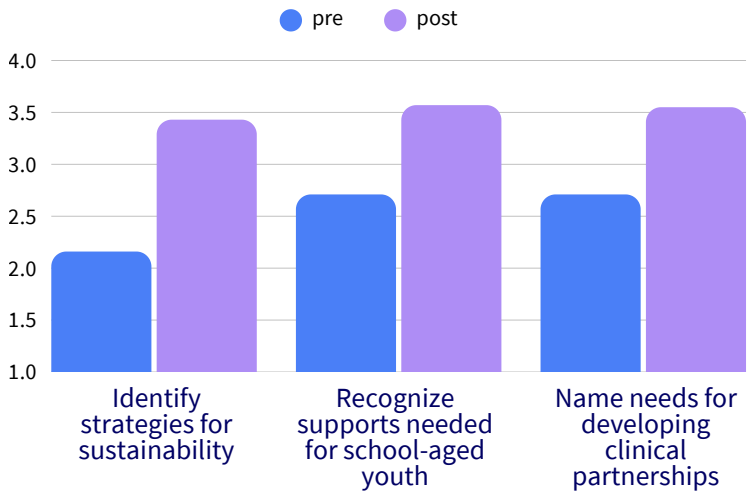
Indicated they were ***Very Satisfied/Satisfied*** with the overall quality of the learning community



Indicated they ***would recommend*** this learning community to a friend/colleague

LEARNING OBJECTIVES

Participants reported **increased confidence** across learning objectives pre- to post-LC.



Rating scale: *1 - Not Confident to 4 - Very Confident*

LEARNING OUTCOMES

% Response of *Completely Agree* or *Agree*

The learning community enhanced my knowledge.



The learning community enhanced my skills.



I am confident in my ability to apply the knowledge and skills that I learned in my work.



IMPACT OF THE LEARNING COMMUNITY

Almost all participants (91%) said they plan to put what they learned into practice. Some examples are:

- Focusing on workforce development
- Establishing new partnerships with community providers
- Sharing content and resources with colleagues
- Adapting services to be more appropriate to the needs of adolescents, rather than gearing our services to young adults
- Providing more nuanced assessment and care for clients who may have an autism spectrum disorder

STRENGTHS/OPPORTUNITIES

"Connecting with other programs across the country and learning about the work they are doing helps us feel less isolated and we get to benefit from the shared problem solving and experiences.""

What about this learning community was most useful to you?

Breakout discussions & peer sharing
"Discussions with other teams and professionals."

Presenter expertise
"There were so many experts with experience creating and growing CHRp programs."

Session content and resources
"Practical strategies for engaging with schools, approaching financing."

How could this learning community be improved?

Broader examples
" I would have loved to see more information about developing CHRp services in other settings."

More discussion time
"More breakout time with other CHRp programs nation-wide."

Slower pace
"I would like it to be a little slower as the information was really good."

Visit our website and join our mailing list!
www.cmhisupport.org

Questions? Want to request support? Contact us!
www.cmhisupport.org/contact

Connect with us on LinkedIn!
https://www.linkedin.com/company/cmhisupport/

Developed by the Center for Mental Health Implementation Support, 2026.

This work was supported by cooperative agreement H79SM090078 of the U.S. Department of Health and Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS.